

Jose Luis ‘Lou’ Catalan

(312) 763-0253
stopdoingeverything@gmail.com

EDUCATION

Lake Forest College

Master of Arts in Teaching | Major: Education
August 2021 – May 2024

Lake Forest College

Bachelor of Arts, Cum Laude | Major: History
August 2021 – May 2023

City Colleges of Chicago

Associate of Arts | Major: History
January 2018 – May 2020 | Chicago, IL

College of Lake County

Major: Library Science
August 2010 – May 2013 | Grayslake, IL

PROFICIENCIES

- Bilingual in English and Spanish.
- Multifaceted teaching experience working with children K-12 and college students.
- Professional background in nonprofit and retail management.

WORK EXPERIENCE & SKILLS

Round Lake High School

Bilingual Social Studies & ESL Teacher | August 2024 – present | Round Lake, IL

- Designing and delivering culturally responsive U.S. History and ESL curricula that supports multilingual learners in developing academic language, historical thinking, and civic engagement skills.
- Facilitating bilingual instruction and scaffolding in English and Spanish to ensure equitable access to rigorous content for newcomer and heritage language students.
- Collaborating with colleagues, families, and student support teams to address the linguistic, emotional, and academic needs of diverse learners, including undocumented and recently arrived students.

Waukegan Public Schools

Substitute Teacher | September 2023 – December 2023 | Waukegan, IL

- Ensuring a safe and orderly classroom environment, enforcing school rules, and managing student behavior.
- Following teacher lesson plans, adapting a variety teaching methods, facilitating learning activities, and helping students with diverse needs.
- Maintaining open communication with school staff. Engaging students by fostering a positive learning atmosphere, encouraging participation and discussion, and answering questions/providing guidance as students work on assignments.

Lake Forest College

History Writing Assistant | August 2022– May 2023 | Lake Forest, IL

- Assisting students with various aspects of the history writing process, including brainstorming, outlining, drafting, and revising essays and research papers. Providing guidance on developing strong thesis statements, organizing ideas, and improving overall writing skills.
- Aiding students in locating credible sources for their research projects. Teaching effective research techniques, including database searching, citation management, and source evaluation.
- Reviewing and editing students' papers for grammar, punctuation, spelling, and adherence to the appropriate citation style (e.g., APA, MLA, Chicago). Offering suggestions for improving clarity, coherence, and overall writing quality.

EXECUTIVE LEADERSHIP

- Lake Forest College, the Clio Society - Secretary (2022), Co-President (2023)
- Lakes Community High School – Student Teacher (Fall 2024)

HONORS AND AWARDS

- Lake Forest College Presidential Scholarship (August 2021, 2022); Dean's List (August 2022, 2023)
- Center for Immigrant Progress Scholarship (April 2022); DACA Renewal Grant (April 2023)
- The DREAMer Next Door Scholarship (December 2022)
- 2023 Lake County Film Festival - Presenter (November 2023)
- Lake Forest College – Senior Prize in Secondary Student Teaching (May 2024)